

Cognitive Assessment Service Information Leaflet Referrals for the British Boxing Board of Control

What is a cognitive assessment?

A cognitive assessment is a range of tasks completed by a Clinical Neuropsychologist that assess different thinking skills (cognition) including General Intellectual Function, Memory, Information Processing, Language, Mental Flexibility, Planning and Mood. The tasks involve spoken answers, paper and pen tests and puzzles, or computerised tests.

The process

Your cognitive assessment has been requested by the British Boxing Board of Control following an MRI brain scan as part of your license approval. You have been referred for a cognitive assessment because of an anomaly on your recent scan, the assessment is to assist your medical doctor to determine whether that anomaly is having a significant impact on any area of your cognition.

The results of the cognitive assessment will be forwarded to the Head Office of the BBBofC medical Doctor who will analyse the results in conjunction with the MRI.

You will need to inform the BBBofC of the name of the Neuropsychologist you are seeing, and the date of the assessment.

What to expect

The cognitive assessment is likely to take 3-4 hours to complete. If you wear glasses or use a hearing aid, please bring these with you. You may take breaks during the assessment. It is helpful to bring someone you know well to the assessment as the Neuropsychologist will be asking you some questions about your thinking skills and day to day activities and it can be helpful to have another person's point of view. Once the testing starts the Neuropsychologist will ask the person you are with to wait outside.

Online appointments

Assessments can be offered online as well as face to face to provide accessibility to those who cannot travel to our clinic. You will need access to a device that is a tablet or larger (unfortunately, mobile phone screens are too small), and a stable internet connection.

We will send your appointment via Zoom. If you have not used Zoom before, we recommend having a practice with our administrator before the appointment.

After your appointment

The Neuropsychologist will analyse your results and compile a full report of the findings with recommendations. This will be sent to the BBBofC doctor, and to you.

We reserve the right to withhold your copy of the report if we are concerned that the content may cause distress. In such cases we will either telephone you to discuss the results, or contact the referring doctor to meet with you.



Booking your appointment

If you are booking the appointment yourself, please telephone us on:

07868 505279

Or email on info@totusrehab.co.uk

Please be aware that we will request your medical records from your GP.

We will email or post consent and information forms to you prior to your appointment. Please return these by email to info@totusrehab.co.uk or bring the completed forms with you to the appointment.

Questions?

Please contact us on 07868 505279 or email us at info@totusrehab.co.uk

